

JBLM 2018 CPR Scheduled Dates and Locations

JBECC, Lewis Main Bldg 4100

Jan 20	Sep 26
Jan 31	Oct 30
Feb 28	Nov 29
Mar 28	Dec 1
Apr 25	
May 12	
May 31	
Jun 28	
Jul 26	
Aug 29	
Sept 15	

McChord Field, 446th SQ, Bldg 1210

Jan 25	Dec 13
Feb 22	
Mar 22	
Apr 19	
May 23	
Jun 20	
Jul 18	
Aug 23	
Sep 20	
Oct 24	
Nov 21	

- **NOTE: All classes start at 08:30am and should be expected to last till 5:30pm.**

TO SIGN UP FOR CLASS pick one of the following:

1. Call 253.966.7466
or
2. Email registration@JBLMmwr.com



Get certified in First Aid/CPR

Cardiopulmonary Resuscitation

Audience

This course is for anyone with limited or no medical training who needs a course completion card in first aid, CPR and AED use to meet job, regulatory or other requirements.

Heartsaver First Aid CPR AED course description

Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives.

Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use in Adult, Child and Infant.

Plan for 8 hours of instruction. Time for lunch will be allotted, bringing a lunch is encouraged.

Per AHA Requirements each student must have the current appropriate course textbook readily available for use before, during, and after the course. Books are available for purchase through the following web sites as well as the MWR Bookstore in Stone Education Center on Lewis Main:

<http://aha.channing-bete.com/heartsaver-courses/heartsaver-firstaid.html>

<http://www.laerdal.com/us/item/90-1026>

http://www.eworldpoint.com/en/products/Audience-Student/Category-American-Heart-Association/First-Aid-CPR-AED/_/N-1z141yiZ7ptZ1z141pc/Npp-50

DRIVING DIRECTIONS

LEWIS Main Class

Directions to Joint Base Emergency Communication Center (JBECC)

- From I-5 take exit 119 and proceed to the 'DuPont' gate.
- After the gate make your first left onto West Way
- Continue for 2 blocks, you will see Fire Station 101 on your left
- Parking is available directly across the street near the post office
- The Emergency Communication Center is located behind the Fire Station Building number 4101



McChord Field Class

Directions to Bldg 1210

- From I-5 take exit 125 and proceed to the McChord Field gate
- Continue straight on west entrance road
- At the light take a left onto Barnes Blvd.
- Drive 1.3 miles, Bldg 1210 is on the left.

